Healing From Whiteness

A yearlong journey through history, truth-telling, and restoration.



June 2025 – Before the Ships Came

Ancestral memory and life before colonization: African societies, spirituality, family, and culture before European invasion.



July 2025 – The Invention of Race & Whiteness

The Doctrine of Discovery, origins of whiteness, and how race was created to serve colonization and capitalism.



August 2025 – Enslavement & Erasure

How chattel slavery disrupted identity, spirituality, and connection to land, people, and self.



September 2025 – Anti-Blackness as the Foundation of the West

How every system-from capitalism to education-was designed to keep Black people at the bottom.



October 2025 – Post-Emancipation & Reconstruction Rebellion

Why freedom didn't mean safety: Black progress, white rage, and the state's role in re-establishing control.

November 2025 – Family Under Attack

From plantations to prisons: how Black families were broken apart by design, not accident.



December 2025 – Jim Crow & the Making of a Racial Caste

Segregation, racial terror, and laws that criminalized Blackness and protected whiteness.



January 2026 – Civil Rights &

Counterinsurgency

The war against Black liberation movements: COINTELPRO, propaganda, and internal fracture.



February 2026 – The New Jim Crow & Mass Incarceration

Surveillance, policing, and profit: the continued criminalization of Black life.



March 2026 – Internalized Whiteness

Colorism, classism, respectability, and how white supremacy shows up in how we treat each other.



April 2026 – Local Harm, Local Healing

How whiteness manifests in New Englandand what we can do to heal it in our own communities.



May 2026 – Reclaiming Ourselves, Reimagining Black Futures

Liberation practices, ancestral healing, and co-creating a world beyond whiteness

Reclaiming Our Truth www.bwinhcollective.org